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Case 8004

LOW FAT NUT SPREAD COMPOSITION WITH HIGH PROTEIN AND FIBER

ABSTRACT

A low fat nut spread having high protein and high fiber. The nut spread has a protein to fat ratio of greater than about 0.68:1 and a fiber to fat ratio of greater than about 0.18:1. The nut spread has good flavor and texture. The process for making the nut spread is also disclosed.